

360 Degree Shortcut

The following page contains the actual assessment you will give to people you want to evaluate your skills and qualities.

1) Review the assessment to become familiar with each category your participants will be evaluating you on.

2) Select a minimum of 3 and a maximum of 15 people you want to receive feedback from.

3) Write your name in the first open space on the assessment and in the second, how you want the assessment returned. For example:

You have been given this tool to provide feedback to John Doe for the purpose of self development. Please evaluate their skills and attributes and be prepared to discuss your evaluation with them should they ask for more feedback.

Beside each attribute or skill circle a number between 1 and 10, 10 being the strongest, to indicate their strength in each area. When you have completed the evaluation, please return it via mail in the enclosed self addressed and stamped envelope.

4) Copy enough assessments so that each of your selected participants will have their own.

5) Distribute the assessments.

6) Once you have received the completed assessments you will have an opportunity to look for trends. If you have questions or need clarification on any of the assessments, you can contact the person who completed it.

Note: It is important to only ask for more feedback and clarification if the purpose of your questions is to become more self aware. Be careful not to become defensive. Watch your tone of voice and body language when asking for feedback. The goal is for people to feel comfortable being honest with you. If they feel you are threatened by their feedback they are less likely to be open with you.

7) Complete the Revolution of Me "Self Awareness Questions" to reflect your new level of self awareness.

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Beside each attribute or skill circle a number between 1 and 10, 10 being the strongest, to indicate their strength in each area. When you have completed the evaluation, please return it via _____.

Personal Attributes and Skills	Score
Adaptability	1 2 3 4 5 6 7 8 9 10 N/A
Flexibility	1 2 3 4 5 6 7 8 9 10 N/A
Creativity	1 2 3 4 5 6 7 8 9 10 N/A
Patience	1 2 3 4 5 6 7 8 9 10 N/A
Interpersonal Communication	1 2 3 4 5 6 7 8 9 10 N/A
Spoken Communication	1 2 3 4 5 6 7 8 9 10 N/A
Written Communication	1 2 3 4 5 6 7 8 9 10 N/A
Listening	1 2 3 4 5 6 7 8 9 10 N/A
Innovation	1 2 3 4 5 6 7 8 9 10 N/A
Hard Working	1 2 3 4 5 6 7 8 9 10 N/A
Work Ethic	1 2 3 4 5 6 7 8 9 10 N/A
Authenticity	1 2 3 4 5 6 7 8 9 10 N/A
Honesty	1 2 3 4 5 6 7 8 9 10 N/A
Detail Orientation	1 2 3 4 5 6 7 8 9 10 N/A
Time Management	1 2 3 4 5 6 7 8 9 10 N/A
Analytics	1 2 3 4 5 6 7 8 9 10 N/A
Planning	1 2 3 4 5 6 7 8 9 10 N/A

Follow Through	1	2	3	4	5	6	7	8	9	10	N/A
Problem Solving	1	2	3	4	5	6	7	8	9	10	N/A
Commitment to Results	1	2	3	4	5	6	7	8	9	10	N/A
Negotiation	1	2	3	4	5	6	7	8	9	10	N/A
Priority Management	1	2	3	4	5	6	7	8	9	10	N/A
Cooperation	1	2	3	4	5	6	7	8	9	10	N/A
Team Work	1	2	3	4	5	6	7	8	9	10	N/A
Resilience	1	2	3	4	5	6	7	8	9	10	N/A
Self Starter	1	2	3	4	5	6	7	8	9	10	N/A
Internal Motivation	1	2	3	4	5	6	7	8	9	10	N/A
Influence	1	2	3	4	5	6	7	8	9	10	N/A
Multi-tasking	1	2	3	4	5	6	7	8	9	10	N/A

Other Comments (not required):